

# THE HELPING HAND SCHOLAR GREEN NEWSLETTER




Welcome to the weekly well-being Newsletter!

Hi everyone. This week I would like everyone to think about trying something new. It may be eating something new, a new craft e.g knitting, learning to juggle, learn a song- it's your choice! I've learnt how to play Chess and each game I play, I get better and better and am now winning a few! Remember you can email me [jashworth@scholargreen.cheshire.sch.uk](mailto:jashworth@scholargreen.cheshire.sch.uk) and I'd love to hear some of the new things you have achieved. It's a bank holiday for a very special reason as I'm sure you're all aware. Have a great 75<sup>th</sup> VE Day and if you are planning a garden party. I hope the sun shines and you have a great time. Mrs A. x



IF PARENTS WANT TO GIVE THEIR CHILDREN A GIFT, THE BEST THING THEY CAN DO IS TO TEACH THEIR CHILDREN TO LOVE CHALLENGES, BE INTRIGUED BY MISTAKES, ENJOY EFFORT, AND KEEP ON LEARNING.

- Carol Dweck



Big Life Journal - [biglifejournal.com](http://biglifejournal.com)

*fun things to do*  
**AT HOME**

- publish a book
- make slime
- blow bubbles
- make a fort out of pillows and blankets
- go on a nature hunt
- decorate a window with art
- try a new recipe
- make greeting cards
- make your own flashcards
- see what you can make from a cardboard box
- draw comics
- write a letter to a friend
- create chalk drawings
- paint with water
- fingerpaint
- read a book out loud to your pet
- make playdoh
- practice yoga and do stretches
- create a fairy garden
- perform a puppet show
- put your costumes together + make a new character
- make your own popsticks
- make a journal and write in it daily
- paint rocks
- do a puzzle
- plant seeds
- make shadow puppets with a flashlight
- invent a new game
- set up a pretend store in your room- what will you 'sell'?

get more ideas at  
[MAKINGLEMONADEBLOG.COM](http://MAKINGLEMONADEBLOG.COM)

Learn to Draw an Elephant

