

# THE HELPING HAND SCHOLAR GREEN NEWSLETTER



Welcome to the weekly well-being Newsletter!

Hi. I really hope everyone is well. I am aware it's getting difficult for some pupils who are missing their friends so this week I am concentrating on some projects/activities to do at home together. Keeping busy will keep your mind off other things & doing something fun and challenging is rewarding too! Stay safe and remember you can email me your work [jashworth@scholargreen.cheshire.sch.uk](mailto:jashworth@scholargreen.cheshire.sch.uk)

### Indoor Treasure Hunt

Find...

- Something red
- Something soft
- Something shiny
- Something you love
- Something heavy
- Something small
- Something blue
- Something spiky

- Something that moves
- Something you eat
- Something hard
- Something yellow
- Something fluffy
- Something wet
- Something special
- Something noisy
- Something with wheels

### Drawing Challenge

- Day 1: Draw yourself (in any way you want!)
- Day 2: Draw the view from your window
- Day 3: Draw an imaginary animal
- Day 4: Do a drawing just using your favourite colour
- Day 5: Draw someone or something without looking at your pen or paper
- Day 6: Fill a whole page with doodles
- Day 7: Draw your senses
- Day 8: Design your dream dessert
- Day 9: Create a whole page of rainbow
- Day 10: Draw the season of Spring
- Day 11: Draw a box and fill it with things
- Day 12: Design your own town

### Let's make PLAYDOUGH

**Ingredients**

- 2 teaspoons Cream of tartar
- 1 cup of plain flour
- 1/2 cup of salt
- 1 tablespoon of oil
- 1 cup of water

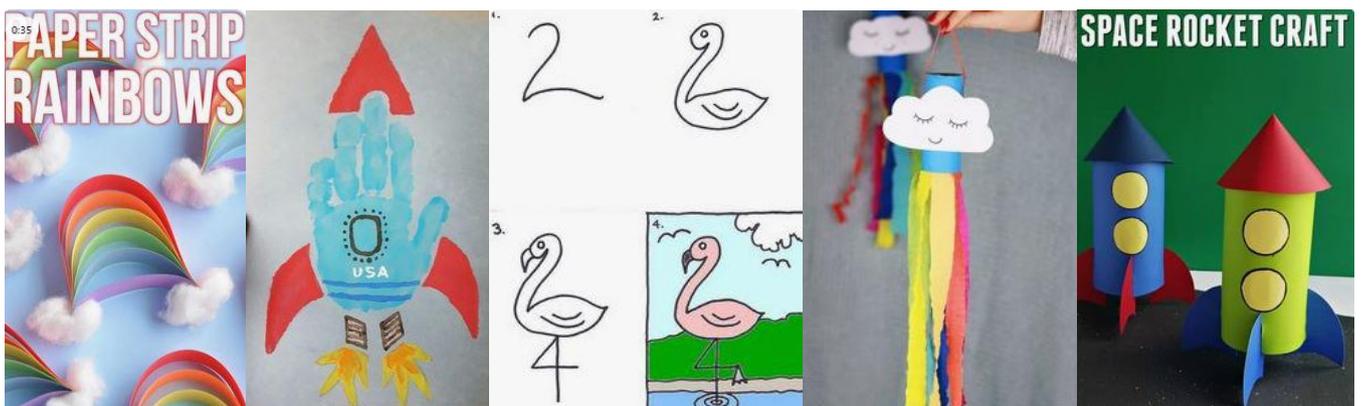
**Instructions**

- 1 Mix all ingredients in a bowl to form a smooth paste.
- 2 Put in a Saucepan and cook slowly
- 3 Cook until dough comes away from sides and forms a ball
- 4 When cool enough take dough and knead

**Remember!**

- Protect surfaces and Soak pan immediately
- store in airtight container in fridge

Here are some easy ideas to create at home



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## thinking

## of you

Activity Village

Be ♥♥

proud of yourself

Any day spent with you is my favorite day. So, today is my new favorite day.

Today IS A GREAT DAY to LEARN SOMETHING NEW

Why not send a 'Thinking of you' postcard to someone who you are missing.

Stay safe everyone, be kind to each other, hope you enjoy this week's newsletter. Take care. Mrs Ashworth x